

## CURRENT FTC COVID POLICIES AND PROTOCOLS

The college is following current CDC protocols regarding what to do if one tests positive for Covid-19. Current recommendations are to isolate for a minimum of five days. For someone who is symptomatic, “day 0” is the day of symptom onset, regardless of when they test positive. Thus, “day 1” would be the first full day after the day of symptom onset. If someone tests positive but has no symptoms, the day they test positive is day 0 and day 1 of isolation would begin the following day. If one develops symptoms within 10 days of when they were tested, the clock restarts at day 0 on the day of symptom onset. In addition:

- If positive but no symptoms, end isolation after day 5
- If symptomatic but one is fever-free for 24 hours and symptoms are improving, end isolation after day 5
- If symptomatic and symptoms are not improving, continue to isolate until fever-free for 24 hours and symptoms are improving
- If symptomatic and one experiences moderate illness (shortness of breath or difficulty breathing), continue to isolate through day 10
- If symptomatic and one experiences severe illness (hospitalization) or has a weakened immune system, continue to isolate through day 10 and consult with a doctor before ending isolation

All individuals who test positive for Covid should adhere to the following until at least day 11:

- Avoid being around people who are more likely to get very sick from Covid-19
- Remember to wear a high-quality mask when indoors around others at home and in public
- Do not go places where one is unable to wear a mask until they are able to discontinue masking

For full CDC guidelines and recommendations, visit: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>.

### Reporting a Positive Case

Any faculty or staff member who tests positive should contact their immediate supervisor and email [absent@ftc.edu](mailto:absent@ftc.edu) with proof of their positive test. Any students who test positive should be advised to contact their academic advisor and their instructors so that they can make arrangements to keep up with their coursework while they are in isolation.

### Returning to Campus

The college does not require a negative test to return to campus. Once a student, faculty, or staff member meets the recommendations for ending isolation, they are free to return to campus (including the residence halls). It is up to the individual to determine if they meet the requirements to end isolation and are feeling well enough to return to campus.

### Contact Tracing

The college is no longer conducting any contact tracing. It is up to the individual who has tested positive to contact any individuals they have been in close contact with who may have been exposed to the virus.

### Vaccination

The college strongly recommends all students, faculty, and staff get vaccinated against Covid-19, but proof of vaccination is no longer a requirement to be on campus.

### Questions

Any student, faculty, or staff member with questions about the college’s current policies and protocols should contact [joshua.dinsman@ftc.edu](mailto:joshua.dinsman@ftc.edu).